

ABSTRACT OF THE DISCLOSURE

A headrest assembly includes a first housing, a second housing rotatably supported by the first housing, and an adjustment mechanism adapted to selectively position the second housing relative to the first housing. The adjustment mechanism includes a cross member rotatably supported by the first housing and a locking mechanism operable between a locked position and an unlocked position. The locking mechanism engages the second housing in the locked position to lock the second housing in one of a plurality of positions relative to the first housing and disengages the second housing in the unlocked position to allow the second housing to rotate relative to the first housing.